

# The Newsbolt

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## Varsity Sports Schedules

- Varsity Football**  
 JS @ Desert CH Acad...10-22  
 JS VS Hope Centre .....10-29  
 JS VS CC Moreno Vly. .11-5
- Varsity Volleyball**  
 JS VS Red. Adv. Aca .....10-26  
 JS @ Desert Chapel .....10-28  
 JS VS Desert Christian .....11-2  
 JS @ Bloomington Ch .....11-4
- JR High Football**  
 JS VS Hesperia Chr.....10-21  
 JS VS Bloomington Chr..10-28  
 JS @ Riverside Chr..... 11-4
- Jr. High Volleyball**  
 JS VS Hesperia Chr. ....10-21  
 JS @ Victor Valley Chr .....10-25  
 JS VS Lk Arrowhead Chr. 10-28

## School Culture... How Different is JS to Other Schools?

By Rebekah Wahlberg

"It was like they were speaking a totally different language!" Sydney Erickson confesses of her rather challenging transition into a Christian private school in New Zealand. New Zealanders have a unique vocabulary so different from a typical American accent that it can be difficult for each to understand what the other is saying. In New Zealand, soccer is known as football and periods are called "full stops," among other language distinctions.

Speech isn't the only difference, though. New Zealand is below the equator, so their summer break is from December to February instead of June through August. School in New Zealand is also divided into four terms, with two weeks of vacation between each term.

When it comes to school policies, however, the similarities

between Middleton Grange and Joshua Springs are striking. Students at Middleton Grange also wear uniforms, and everything, right down to the shoes on the students' feet, is regulated by the

school. At least at JS, we get to pick our own shoes, right? And just like at JS, cellphones at Middleton Grange must be off and put away.

Going to school in Yucca Valley, California and Christchurch, New Zealand are two very different experiences. But at least in New Zealand they speak some form of English. Classes at the International School of Kabul in Kabul, Afghanistan are taught in English, but for almost all of the students, English is not their first language, which can be a challenge.

ISK is an American school, so



the calendar is largely the same as JS's. However, the weekend in Afghanistan is Thursday and Friday, so the beginning of the school week is Saturday instead of Monday.

Students at ISK don't have to wear uniforms, but because of cultural restrictions, the dress code is especially strict. Students must wear pants or, for girls, ankle-length skirts and dresses, and shirts have to have sleeves. As with JS and Middleton Grange, cellphones are required to be off.

Going to school in a different culture can be completely different from a normal American school. But all schools are similar to a certain degree, and people are still people, so adjusting to a new school, wherever you are, can be difficult and easy at the same time.



## Guys Vs. Girls: Who Gets the Credit Card?

So we all know that guys are more athletic than girls and that girls are way more intelligent; but who spends more? In the book, *For Richer, Not Poorer: The Money Book for Couples*, Ruth Hayden says women spend money gradually in small chunks while men spend in large chunks all at one time. But guys are most likely to look for the value and how long it is going to last. As for girls, they don't



really care about the value and lasting time; if it's half off they'll buy it.

In the article, "Men and women spend and save differently," written by Jay MacDonald, it talks about how women spend money to make a lifestyle and go day by day. It also says guys don't want the things they buy; they need them, and spend for the future at the same time. Based on a

study of 2,000 Iowans, 36 percent responded that women were far more likely to buy something without needing it, while only 18 percent of men would do so. 24 percent of women and 5 percent of men would buy something because it's on sale. 36 percent of women and 18 percent of men shop impulsively, and 31 percent of women shop to celebrate, while only 19 percent of men do. But at the same time, the study said only 40 percent of men were happy with their bank accounts, whereas 49 percent of the women were happy with theirs.

## October Events Promise Fun For Everyone!

By Rebekah Wahlberg

The week of October 25<sup>th</sup> to the 31<sup>st</sup> is a busy one. For Joshua Springs, it's Spirit Week! Monday starts off simply with Color Day, where students wear any combo of colors. Tuesday is Medieval Day, so everyone dress up like lords and ladies. Then bust out your feather boas and giant sunglasses, because Wednesday is Movie Star day! It's Twin Day on Thursday, so get with your best friends and coordinate your out-

fits. Friday is Spirit Day, so go all out and show your school pride in purple and gold! Homecoming is on Saturday, October 30<sup>th</sup> from 8-11 p.m. in the sanctuary. The theme is Hollywood, so go looking red-carpet glamorous! Tickets cost \$17 if paid for in advance and \$20 at the door.

The Harvest Festival is a church-sponsored event that provides a great alternative to trick-or-treating. People who go dress up in their Halloween costumes, play games,

and get lots of candy! It will be on October 31<sup>st</sup> from 5 to 8:30 p.m. There will be games in both the sanctuary and the Thunderdome. All ages are welcome!



## Guy Talk... Guys Really Talk?

Guys are not really known as talkers but when given the right subjects the conversations can get very real and honest. Guy talk is not a class but instead it is a fellowship of students that Mr. Taber organized for guys to talk about any issues they may have. Guys talk about things that are happening in school, in their lives, or in the

community. Guy talk is grounded with a Biblical foundation and is a safe environment for any guy that wants to come in and freely talk about any issues they may have. Guy talk is held every Friday in classroom D4 during lunch period. Food is normally provided on a first come basis. Start time is 12:15pm.

**"I know that whatever God does, it shall be forever."**

**Ecclesiastes 3:14**

## Breaking the Fast



Breakfast is the most important meal of the day but why? According to medical

research, there are many reasons to eat every morning. It helps concentration, boosts metabolism, and lowers risk of obesity and diabetes.

After a long night of sleep, a person's body

is in the first stages of minor starvation. Skipping breakfast only increases the development of starvation. Some people choose to snack on high-calorie foods rather than eat healthy. Also, people who don't eat breakfast are hungrier at lunch time, which causes them to overeat.

Eating high calorie snacks and overeating at lunch aren't the only results of skipping breakfast. It also slows your thinking capabilities. It does not help you lose weight. Studies show that people who skip breakfast are more likely to be overweight be-

cause they also skip out on healthy portions and foods.

The best things to eat for breakfast are foods high in protein and fiber. Protein is in eggs and dairy products, and fiber is in whole grains, fruits and veggies. Even if you don't like eating breakfast, you can still break the meal into two small snacks. You can have yogurt and granola or a hard-boiled egg at home, and then some fruit during break. So, it's true; breakfast is the most important meal of the day.

## New Benches Add to School's Landscape

By Bobby Barajas

As you may have noticed, there are many new benches around campus. These benches were donated by Ted Dumas, Sr. last year. These benches are expensive even though they are made of cement. The benches are worth \$500.00 a piece and



over a hundred of them were donated by this fine man. So, if you do the math, Ted Dumas Sr. has basically donated

\$50,000 to Joshua Springs! They have just been refurbished and put on campus. Pastor Jerel was very content and proud of where and how they were put. Most of these benches can come pretty handy in times whenever you just like to sit down and rest.

## Athletes in the News!

By Tiffany McCollum

Senior setter Abby Lombardo and sophomore quarterback Joseph Leichtner are two of the best at what they do. Lombardo, who has played for four years, could be possibly the best setter we've ever had at JS. Lombardo is excellent at setting up the JS middle-hitters to



score at will. Lombardo is also near perfect at the serving line, often running off a string of serving aces in row to put pressure on the opposing team.

Leichtner is the starting quarterback for the varsity team and is only a sophomore! He



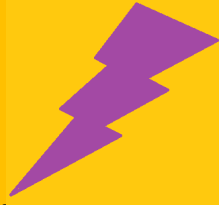
has already thrown for 578 yards and ran for 89 yards in his first six games. He also has thirteen touchdowns. Leichtner is an Ironman player which means he plays offense and defense. Leichtner has 23 tackles, two sacks and is ranked 5<sup>th</sup> on the team in tackles.

One thing is for sure: you don't want to miss these players in action!

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## Spotlight on ...

### Varsity Cheerleading

This year, we have an awesome varsity cheer squad. Alex and Samantha Aiken, Lindsey and Kailey Quiroz, Kristen Wilson, Danielle Harrington, and Wynter Roses are the girls that keep the spirits high in Lightning Stadium. "Games are really fun for us," said Kristen. "Our goal is to get the crowd pumped up, and keep the team motivated." The girls choose music, choreograph dances, and learn the cheers themselves under the supervision of returning coach Rhiannon Foster.

**Raising Up the Next Generation!**

## Mrs. Rarick: Teaching Art History to High School

By Bobby Barajas

Mrs. Rarick starts off her second year here at JS teaching high school art history and junior high leadership and history. Mrs. Rarick said that her first year here at JS was fun and she would like to stay here a while. Mrs. Rarick taught freshman world history and P.E last year in her first year but really enjoys teaching history the most.

Being a Business major, Mrs. Rarick has had the opportunity to take several classes that prepared her to teach history. Mrs. Rarick is a teacher with plenty



of patience, but if a student gets too out of hand she will take care of it. She hands out a fair amount of work and homework but not too much. Mrs. Rarick has had family that has attended JS, such as her husband, RJ Rarick, who graduated as lead guitarist of the JS pep band, and, also, multiple cousins: Ben, Jesse, and Andy Frazer.

## How to Ask a Girl to Homecoming

By Aerielle Burnett

For all you guys out there that are wondering how to ask, or not to ask, a girl to homecoming, here are some tips. You need a game plan! Girls love flirty, funny guys who will make them laugh, but also can be serious. The best time to ask is anywhere from a month to two weeks before the dance. When you ask her, remember to show your genuine side; and don't forget to be confident! The best thing you can do to get a girl to definitely say yes is to buy her flowers and chocolate, and tons of balloons with a cute little card when you plan to ask her. They love the feeling of being spoiled. If you plan on asking anytime soon, remember to be flirty, have confi-

dence, and a little creativity. Don't forget to have fun!

The worst way you could imagine asking a girl out to homecoming is to ask at the last minute, because you never know if she's taken. Never tell her that your mom wants you to have a date, no one wants to go with you, or that she's the only girl left to ask. The only reason she might go with you is that she feels sorry for you. Do not ask your teacher to announce it because that's just embarrassing for her and you. And what if she rejects you, could you imagine? Especially don't ask a girl by tripping her in the walkway and saying, "There

was no other way of getting your attention, oh, and will you to homecoming with me?" Those are just very bad ways to ask a girl to homecoming. Good luck!

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"IT'S SWEET OF YOU TO ASK, RANDY, BUT I'VE DECIDED JUST TO RENT SOME MEL GIBSON MOVIES INSTEAD."

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